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**Role of estrogen in folliculogenesis  
through estrogen receptor alpha**

2020

성신여자대학교 대학원

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양희선

**Role of estrogen in folliculogenesis  
through estrogen receptor alpha**

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Submitted in partial fulfillment of the  
requirements for the degree of master.

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## **ABSTRACT**

### **Role of estrogen in folliculogenesis through estrogen receptor alpha**

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Estrogens are known to play an important role in the growth, differentiation and function of the female reproductive system. In the development of follicle until ovulation, estrogen actions on the follicular development as autocrine or paracrine. In growing follicles, estrogen promotes the action of gonadotropins, the formation of antrum in granulosa cell, gap junction formation between granulosa cells, and inhibits follicular atresia. Estrogens regulate the synthesis of androgens in theca cells. Estrogen action via the nuclear receptors, estrogen receptor alpha (ER $\alpha$ , ESR1) and beta (ER $\beta$ , ESR2). In the different cell types of the ovary, two different ER proteins are differentially localized. ER $\alpha$  is localized in theca/interstitial cell and ER $\beta$  is localized in granulosa cell. ER $\alpha$  is known as required for ovulation and ER $\beta$  is known as required for antrum formation and preovulatory follicle. However, the function formation and differentiation of follicle cells in ER $\alpha$  mediated folliculogenesis is controversy and not well understood. The importance of estrogen-mediated action via estrogen receptors (ERs) is suggested using estrogen receptor gene knockout mice. In this study, we

investigated the role of estrogen receptor on folliculogenesis, especially the differentiation of follicle cells and its effect on oocyte growth. In estrogen receptor alpha knockout mice (ER $\alpha$ KO), estrogen cannot action through estrogen receptor alpha in theca cell. Therefore, the effect of estrogen in folliculogenesis through theca cell can be blocked. In the 2D culture the diameter of follicles was increased in E<sub>2</sub> treated group of wild type (WT), and was significantly reduced at day 8 in PHTPP treated WT. In 3D culture system, ICI 182,780 administered WT shows decreased follicle size entire experimental days. however KO follicle no significantly change between two different system. In both culture systems, expression of *InsI3*, theca cell-specific gene, tended to decrease in PHTPP treated ER $\alpha$ KO, but increased in WT. In both culture systems, the expression of *Fshr* and *Cyp19a1* significantly increased in E<sub>2</sub> treated ER $\alpha$ KO but significantly decreased in PHTPP treated ER $\alpha$ KO. Expression of *Ptx3*, *Ptgs2*, and *Tnfaip6* in both ER $\alpha$ KO and WT, showed different results according to the culture systems. ER $\alpha$ KO also showed differences in the levels of steroid hormone between the two culture systems. The concentrations of E<sub>2</sub> and P<sub>4</sub> in both culture systems increased in and PHTPP treated WT. On the other hand, ER $\alpha$ KO mice showed decreased levels of E<sub>2</sub> and P<sub>4</sub> in 2D culture system, but increased in 3D culture system. These results indicate that estrogens might effect on the growth of follicles, differentiation of granulosa and theca cells, cumulus expansion and production of steroid hormones. In addition, this might provide insight into the local actions of estrogen receptors in folliculogenesis.

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## INTRODUCTION

The mammalian ovary contains at various stages of developing follicles, including primordial, primary, secondary, tertiary and preovulatory follicles (Shiomi et al., 2015). The primordial follicles consisted with oocytes which arrested in the diplotene stage of the first meiotic division and surrounded flat granulosa cell. Through primordial follicle activation, primordial follicle leaves out in their dormant state and the primary follicle has cuboidal granulosa cell. The secondary follicle has more than two-layered follicles, and inner and outer theca cell. The antral cavity initiate to form at tertiary follicle (Rimon et al., 2018). Estrogen which is primarily produced in granulosa cells under the influence of follicle-stimulating hormone (FSH). Estrogen has a critical role in the growth, development and maintenance of female reproductive organs (Chen et al., 2009). In porcine, estradiol improves the meiotic and developmental competence of oocytes, cumulus expansion, and cumulus cell attachment to the oocytes (Kubo et al., 2015). In granulosa cell of growing follicles estrogen has been shown to inhibit follicular atresia and to facilitate the actions of gonadotropin, the formation of gap junction (Bley et al., 1997). In theca cell of growing follicles, estrogen modulates steroidogenesis.

It is known that estrogen can work at least two pathways. One is the classical pathway: estrogens function via their nuclear receptors estrogen receptor alpha (ER $\alpha$ ) and estrogen receptor beta (ER $\beta$ ) (Pettersson et al., 2001). The second is the membrane receptor mediated pathway. ER $\beta$  is the most abundant ovarian estrogen receptor (Lenie et al., 2008). In the different cell types of the ovary, two different ER proteins are differentially localized. While the expression of ER $\alpha$  is localized in theca cell and interstitial cell, the expression of ER $\beta$  is localized in granulosa cell (Pelletier et al., 2000). In addition to acting as nuclear hormone receptors, there is evidence that ERs can be translocated to and act at the plasma

membrane (Pedram et al. 2006) and these ER signaling is called nonclassical pathway. Several studies are suggesting estrogen may also signal through membrane-bound receptors including a G-coupled membrane receptor called GPR30 (Revankar et al. 2005) and further studies have shown that GPER is expressed on mouse oocytes plasma membrane (Li et al., 2013).

In vitro cultured ovarian follicle, ER $\alpha$  was localized in oocyte, granulosa cell and theca cell of secondary follicle. A shift of expressed ER $\alpha$  from cytoplasmic to nuclear was observed following in vitro ovarian follicle growth. ER $\beta$  was localized in nuclei of granulosa cell in all stage of in vitro ovarian follicular growth (Lenie et al., 2008).

The importance of ER-mediated estrogen signaling is suggested using mice lacking ERs. Adult female mice lacking ER $\alpha$  (ER $\alpha$ KO) is infertile and possesses ovaries that exhibit elevated steroid synthesis and multiple hemorrhagic/cystic follicles (Lubahn et al., 1993). The ER $\alpha$ KO is also characterized high circulating LH that interacted with LHR of the theca and granulosa cells (Couse et al., 1999). These features lead to a failure of ovulation and luteinization. Therefore these processes might be related to hypothalamic–pituitary–gonadal (HPO) axis dependent upon ER $\alpha$  action. Adult female mice lacking ER $\alpha$  and ER $\beta$  (ER $\alpha\beta$ KO) have granulosa cell deficient large antral follicles and similar ovarian phenotype of ER $\alpha$ KO (Dupont et al., 2000). In contrast, adult female mice lacking ER $\beta$  (ER $\beta$ KO) is subfertile and have ovaries that show normal granulosa cell but reduced numbers of growing follicles and corpora lutea (CL) (Krege et al., 1998). Therefore the folliculogenesis might be impaired in ER $\beta$ KO (Dupont et al., 2000). ER $\beta$  is also required for antrum formation and preovulatory follicle (Drummond et al., 2012).

*In vitro* culture of follicle can be expose the mechanisms or roles of various factors in folliculogenesis. *In vitro* ovarian follicle culture can maintain the similar environment of *in vivo* ovarian environment, therefore ovarian follicles can growth and maturation *in vitro* (Desai et al., 2010). The two-dimensional culture system is conventionally used for *in vitro* ovarian follicle culture. However, follicular flattening

leads to disruption of gap junctions (Desai et al., 2010). The three-dimensional culture system can more mimic *in vivo* ovarian environment. These culture systems can preserve the spherical morphology of ovarian follicles and gap junctions (Desai et al., 2010).

Many studies suggest that estrogen plays an important role in the differentiation of granulosa cells and in the maturation of the oocytes, but it is not clear yet how the mechanism of estrogen specifically actions. In this study we investigated the mechanism by which estrogen plays a role in differentiation of granulosa cells and oocytes growth using mice lacking ER $\alpha$  and estrogen receptor antagonists. In this study, we used both two-dimensional culture system and three-dimensional culture system and then compared to the effects of culture system on folliculogenesis. In addition, two types of *in vitro* ovarian follicle culture system were compared through diameter of follicle, difference of expressed specific gene and production of steroids.

## MATERIALS AND METHODS

### Experimental animals

Animal care and use were conducted according to the Guide for the Care and Use of Laboratory Animals published by the National Institute of Health. All animal procedures were approved by the Institutional Animal Care and Use Committee(IACUC) of Sungshin University (SSWIACUC-2019-009). Involving experiment animals were maintained under standard condition at Sungshin University. Diurnal rhythm kept under the 14L : 10D schedule with light-on at 06:00 and clean room system. Estrogen receptor  $\alpha$  knockout (ER $\alpha$ KO) mouse were on a C57BL/6 background and deleted the exon 3 of ER $\alpha$  gene. Genomic DNA was isolated from ear and the primer combination of ER $\alpha$  primer1 (5'-TTGCCCGATAACAATAACAT-3') and ER $\alpha$  primer2 (5'-GGCATTACCACTTCTCCTGGGAGTCT-3') was used to determine the genotype. 2-3 weeks female estrogen receptor  $\alpha$  knockout (ER $\alpha$ KO) mice were used. 2-3 weeks female C57BL/6J mice was used as wild type.

### Isolation of Secondary follicles

All female mice using in this study were sacrificed using cervical dislocation. Multi-layered secondary follicles (150 –180  $\mu$ m) were mechanically isolated from 2-3 weeks ovaries of C57BL/6J and ER $\alpha$ KO by using a 28-gauge syringe needle in  $\alpha$ -minimal essential medium ( $\alpha$ -MEM) (Gibco, Cat#:41061-029, Carlsbad,

CA, USA) containing 5% fetal bovine serum (FBS) (Welgene, Namcheon, Korea). Follicles with intact basal membrane and a high density of granulosa cells were selected for further culture under microscope.

### **In vitro growth of Follicles**

The standard culture medium was  $\alpha$ -MEM (Gibco, Cat#:41061-029, Carlsbad, CA, USA) supplemented with 60.4 mg/ml penicillin (Sigma, USA), 10 mg/ml streptomycin (Sigma, USA), 5  $\mu$ g/ml insulin (Sigma, USA), 10  $\mu$ g/ml transferrin (Sigma, USA), 2.5 ng/ml sodium selenite (Sigma, USA), 25  $\mu$ g/ml Ascorbic acid (Sigma, USA), 100 mIU/mL human FSH (Sigma, USA) and 5% FBS. The isolated follicles were cultured for two different systems. The follicles cultured by 2D system were allocated at one follicle/well in 96-well plates (Corning, USA) containing 50  $\mu$ l/well culture medium with 35  $\mu$ l mineral oil overlay. The follicles cultured by 3D system were allocated at one follicle/well in 96-well plates (SPL, Cat#: 13485, Pocheon, Korea) containing 50  $\mu$ l/well culture medium and then inverted. The follicles were cultured for 8 days in both systems. Every other day, 25  $\mu$ l of the conditioned medium was collected and stored at - 80°C for hormone assay, and 25  $\mu$ l of pre-conditioned medium was added to each well. All follicles were grown in an incubator at 37°C with 5% CO<sub>2</sub> atmosphere. The diameter of follicles were measured using ImageJ 1.51 and based on a calibrated ocular micrometer at 10X magnification every other day. To examine the role of estrogen in folliculogenesis through estrogen receptor alpha, 10<sup>-8</sup> M 17 $\beta$ -estradiol (Sigma, USA) and/or 10<sup>-5</sup> M ICI 182,780 (TOCRIS, USA), 10<sup>-5</sup> M PHTPP (TOCRIS, USA) was added into the standard culture medium. In group of the 10<sup>-5</sup> M ICI 182,780 treated standard medium and 10<sup>-5</sup> M PHTPP treated standard medium, isolated follicles were

incubated in the each  $10^{-5}$  M ICI 182,780 treated or  $10^{-5}$  M PHTPP treated standard medium for 2 hr and then transferred in to the  $10^{-8}$  M  $E_2$  added  $10^{-5}$  M ICI 182,780 or  $10^{-5}$  M PHTPP treated medium.

### **Oocyte maturation**

After 8 days, the follicles were transferred to maturation media composed of  $\alpha$  MEM supplemented 5% FBS, 1.5IU/ml human chorionic gonadotropin (hCG) (Sigma, USA) and 5ng/ml epidermal growth factor (EGF) (Sigma, USA) and incubated for 16 h at 37°C in 5%  $CO_2$ . After 16 h, oocytes were denuded from surrounding cumulus cells by 0.1% hyaluronidase and oocyte meiotic maturation was assessed by the detection of germinal vesicle (GV), germinal vesicle breakdown (GVBD), and metaphase II (MII).

### **Total RNA extraction and first strand cDNA synthesis**

Total RNA of follicles were extracted using RNeasy® Micro Kit (Qiagen, CA, USA) following to the manual of manufacturer. Total RNA were used to perform reverse transcription. First strand cDNA synthesized using Accuscript High Fidelity Reverse Transcriptase (Agilent Technologies, CA, USA) in accordance with the manufacturer's instruction. Briefly, reaction reagents were 5  $\mu$ g total RNA, 5.0 $\mu$ L MMLV buffer (10X), 1.0  $\mu$ L oligo dT primer (0.5  $\mu$ g/ $\mu$ L), 1.0  $\mu$ L random primers (0.1  $\mu$ g / $\mu$ L), 2  $\mu$ L 100mM dNTP mix, and RNase-free DEPC-treated water. Reaction mixture was incubated at 65°C for 5min, cooled at RT to allow the primers to anneal to RNA for 10min. After then, 4.0  $\mu$ L 100mM DTT, 2.0  $\mu$ L RNase block ribonuclease inhibitor (Agilent Technologies, CA, USA), and 1.0  $\mu$ L MMLV RT were added. The

mixture was incubated at 42°C for 1hr and at 70°C for 10min to terminate cDNA synthesis. The cDNA was stored at -20°C.

### **Real-Time PCR**

Real-time PCR was performed using SYBR® Premix Ex Taq™ (TaKaRa, Japan) and Thermal Cycler Dice Real Time System TP800 (TaKaRa, Japan). Each reaction was run in triplicate. Dissociation curves were run on all reactions to confirm amplification of a single product with the appropriate melting temperature. The fold change in gene expression was calculated using the  $\Delta\Delta C_t$  method with the housekeeping gene,  $\beta$ -actin, as an internal control. Average  $\beta$ -actin cycle threshold (CT) values were subtracted from each follicle cell specific gene to obtain  $\Delta C_t$  values and then  $\Delta C_t$  was subtracted from the average of  $\Delta C_t$  to obtain  $\Delta\Delta C_t$  values. Relative follicle specific gene expression to  $\beta$ -actin was calculated using  $2^{-\Delta\Delta C_t}$ .

### **Enzyme-Linked Immunosorbent Assay (ELISA) for steroid hormone**

The concentration of 17 $\beta$ -estradiol and progesterone in culture medium were measured by Estradiol ELISA Kit (CUSABIO, Cat#: CSB-E05109m, Houston, USA) and Progesterone ELISA Kit (CUSABIO, Cat#: CSB-E05104m, Houston, USA) based on the manufacturer's instructions. The sensitivity of 17 $\beta$ -estradiol and progesterone ELISA kit is 0.04 ng/ml and 0.2ng/ml, respectively. The intra-assay precision and inter-assay precision was under 15%.

## **Statistics**

All experiments were conducted at least in triplicate. The Student's t-test was performed to evaluate the statistical significance between control and experimental group. Results were presented as mean  $\pm$  SEM. Values of  $P < 0.05$  were considered to be significantly different.

Table 1. Thermal cycler schedule

| <b>step</b>              |              | <b>Temperature (°C)</b> | <b>Time</b>  |
|--------------------------|--------------|-------------------------|--------------|
| Hold                     | Hold         | 95                      | 30 sec       |
| 3 step PCR<br>(45 cycle) | Denaturation | 95                      | 1 min        |
|                          | Annealing    | 59                      | 30 sec       |
|                          | Extension    | 72                      | 1 min        |
| Dissociation             | Denaturation | 95                      | 15 sec       |
|                          | Annealing    | 60                      | 30 sec       |
|                          | Extension    | 95                      | 15 sec       |
| Hold                     |              | 4                       | Indefinitely |

Table 2. Sequence - specific of primers

| Gene   | Symbol         | NCBI gene reference |         | Primer sequence(5'-3')                              | Amplified length (bp) |
|--|----------------|---------------------|---------|---|-----------------------|
| Follicle-stimulating hormone receptor          | <i>Fshr</i>    | NM_007810.4         | S<br>AS | TCTCTCTCGTAGATGATGAACCCAG<br>TGTATTGGCTTGTGGTCAGGAC | 239                   |
| Cytochrome P450 Family 19 Subfamily A Member 1 | <i>Cyp19a1</i> | NM_007810.4         | S<br>AS | GGAGAGTTCATGAGAGTCTGGATCA<br>ATTGTTCTCCAAAGGCTCGGGT | 187                   |
| Cytochrome P450 Family 17 Subfamily A Member 1 | <i>Cyp17a1</i> | NM_007809.3         | S<br>AS | AGTGAATCTCTCTCCAGCCTGACA<br>AAAGCCAGGATCCAGTTCAGCA  | 184                   |
| Insulin-like 3                                 | <i>InsI3</i>   | NM_013564.7         | S<br>AS | TGCAGTGGCTAGAGCAGAGACATCT<br>AGCAATTAAGGACGCACCG    | 221                   |
| Pentraxin 3                                    | <i>Ptx3</i>    | NM_008987.3         | S<br>AS | TAGTGTTGGTGGTGGGTGGAAA<br>TTCTTGGCCAATCTGTAGGAGTCC  | 205                   |

|                                       |                |             |         |  |     |
|---------------------------------------|----------------|-------------|---------|--|-----|
| Prostaglandin-endoperoxide synthase 2 | <i>Ptgs2</i>   | NM_011198.4 | S<br>AS | CCCACAGTCAAAGACACTCAGGT<br>TAGTTGCTCATCACCCCACTCA    | 195 |
| TNF alpha induced protein 6           | <i>Tnfaip6</i> | NM_009398.2 | S<br>AS | TACTGGCACATTCTGGCTCAAGT<br>GACGGATGCATCACTCAGAACTTC  | 221 |
| Actin, beta                           | <i>Actb</i>    | NM_007393.5 | S<br>AS | TCCGTAAAGACCTCTATGCCAACAC<br>TCAGTAACAGTCCGCGAGAAGCA | 263 |

## **Results**

### **Selection of culture media**

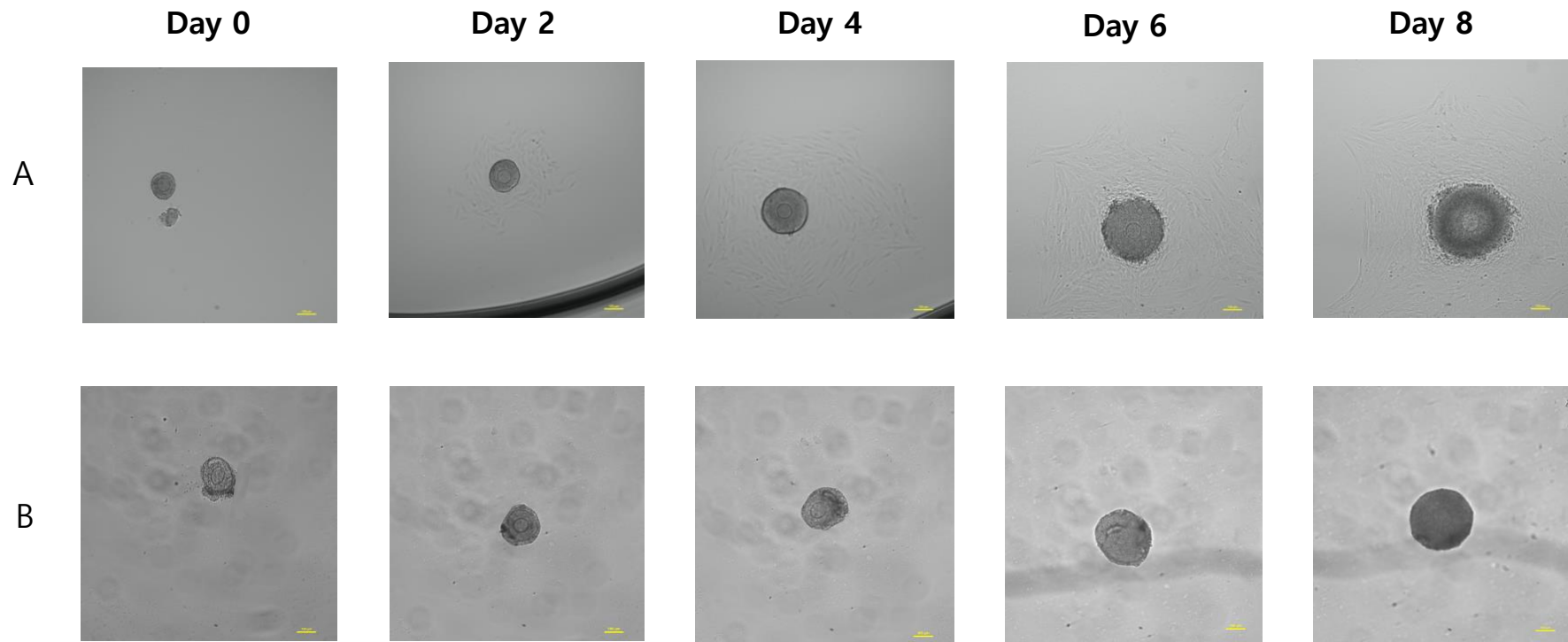
To remove exogenous estrogen in the standard culture medium, we tried to use charcoal-stripped fetal bovine serum (cFBS) in the in vitro ovarian follicle culture. In the group of 5% cFBS-treated standard medium, the survival rates of follicles were only 1.89% at day 4 (Table 3). In the group of 1% or 2.5% or 5% cFBS and 3mg/ml BSA-treated standard medium, the survival rates of follicles were increased 6.25% to 100.00% as the amount of the cFBS increases in the standard medium. However, the survival rates of follicles was zero at day 8 in all the group of cFBS treated standard medium. Therefore, FBS was selected in this study.

Table 3. Selection of culture media

|                        | Survival rate (%) |         |         |        |
|------------------------|-------------------|---------|---------|--------|
|                        | Day2              | Day4    | Day6    | Day8   |
| cFBS 1% + 3mg/ml BSA   | 6.25%             | 0.00%   | 0.00%   | 0.00%  |
| cFBS 2.5% + 3mg/ml BSA | 79.49%            | 38.46%  | 12.82%  | 0.00%  |
| cFBS 5% + 3mg/ml BSA   | 100.00%           | 85.71%  | 75.00%  | 0.00%  |
| cFBS 5%                | 26.42%            | 1.89%   | 0.00%   | 0.00%  |
| FBS 5%                 | 100.00%           | 100.00% | 100.00% | 90.48% |

### **The morphology of *in vitro* cultured follicles**

The ovarian follicles were cultured for 8 days using two different *in vitro* ovarian follicle culture system. The follicles cultured by 2D culture system were allocated at one follicle/well in 96-well plates containing 50  $\mu$ l/well culture medium with 35  $\mu$ l mineral oil overlay (Fig. 1A). The flattened follicles were observed in 2D culture system. The follicles cultured by 3D culture system were allocated at one follicle/well in 96-well plates containing 50  $\mu$ l/well culture medium and then inverted (Fig. 1B).

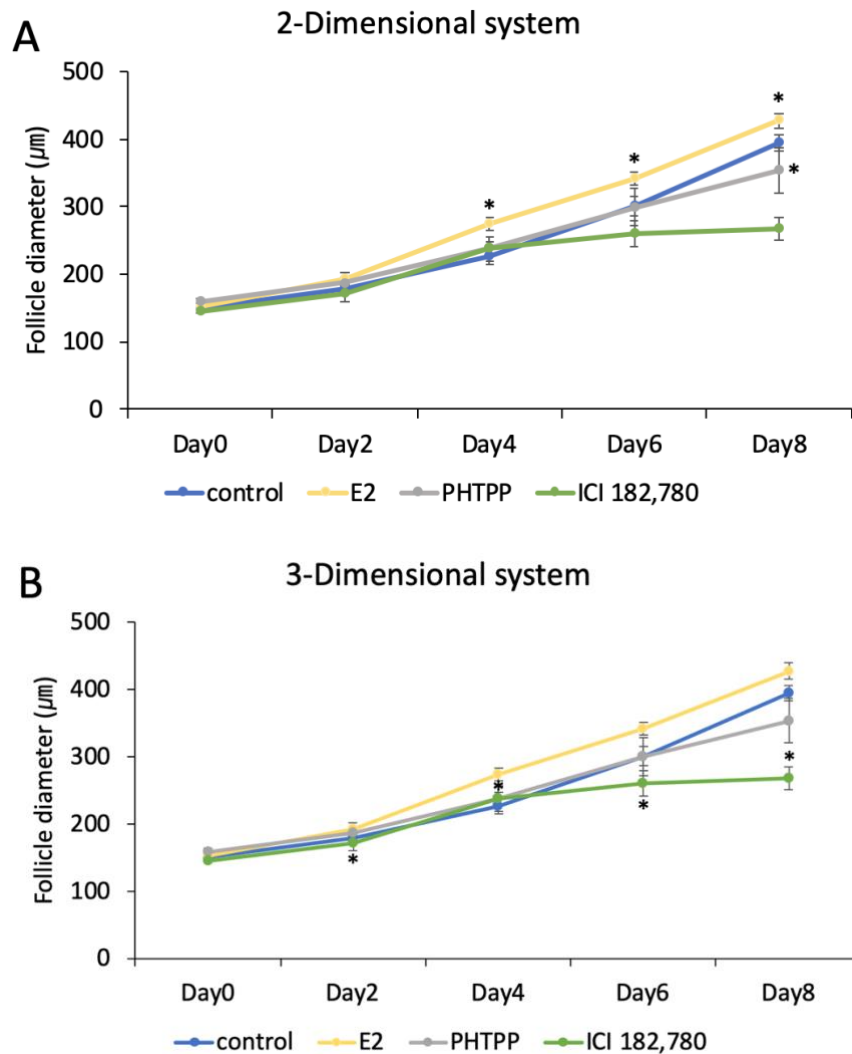


**Figure 1. The morphology of in vitro cultured follicles**

The ovarian follicles of Wild type (C57BL/6) were cultured for 8 days. A) Follicles were cultured in the way of 2-dimensional system. B) Follicles were inverted and cultured to maintain 3-dimensional environment. Scale bars, 100  $\mu\text{m}$

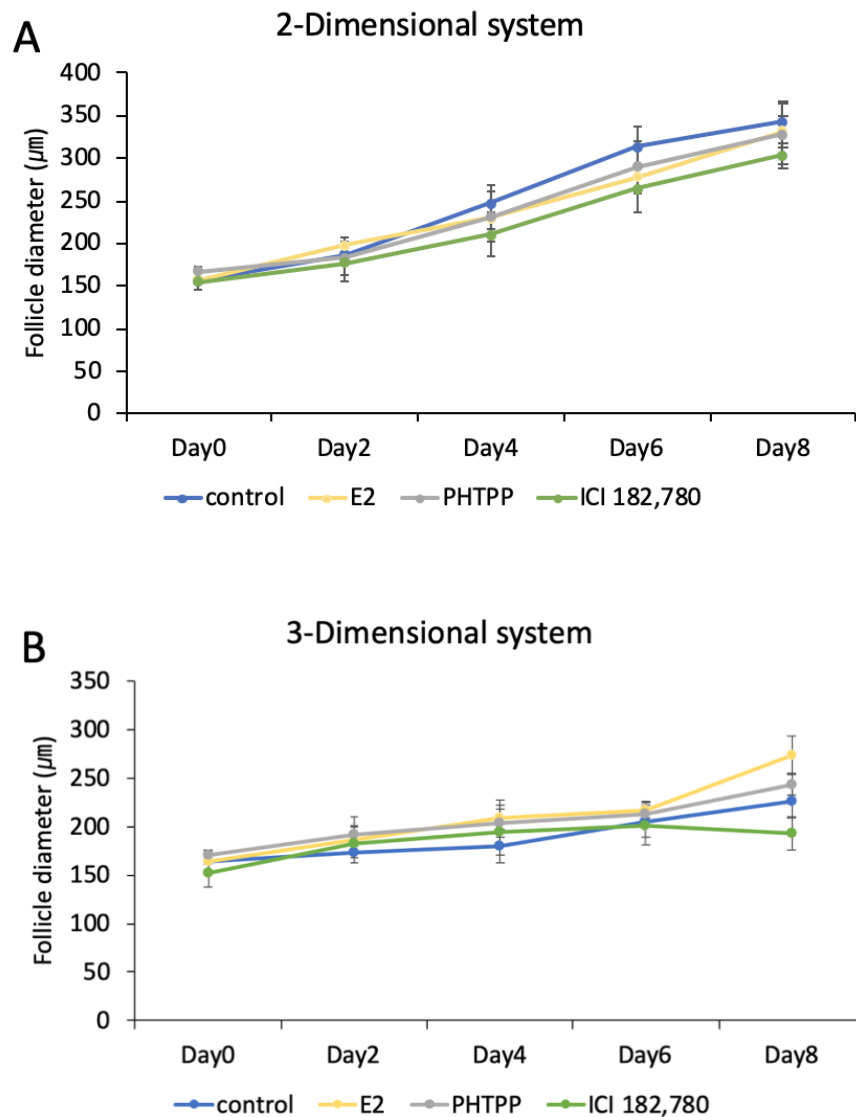
### **The growth of follicles from wild type (C57BL/6) and ER $\alpha$ KO in two different *in vitro* ovarian follicle culture system**

All follicle cultures are treated or not with  $10^{-8}$  M  $17\beta$ –estradiol or their antagonists ( $10^{-5}$  M PHTPP or  $10^{-5}$  M ICI 182,780) for 8 days. When the E<sub>2</sub> was treated standard medium, the diameter of ovarian follicles significantly increased at days 4, 6 and 8 of culture compared to control in wild type (C57BL/6) using 2D culture system (Fig. 2A). However, in the group of PHTPP treated standard medium, the diameters of follicles significantly decreased at day 8 (Fig. 2A). In the way of 3D culture system, the diameters of ovarian follicles cultured in ICI 182,780 treated standard medium significantly decreased at days 2, 4, 6 and 8 of culture (Fig. 2B). This shows estrogen might be influence on the growth of ovarian follicles. There was no significantly difference in all cultured group of ER $\alpha$ KO under both 2D culture system and 3D culture system (Fig. 3A,B).



**Figure 2. The growth of follicles from wild type (C57BL/6) in two different *in vitro* ovarian follicle culture system**

A) Follicles of wild type were cultured for 8 days in the way of 2-dimensional culture system. B) Follicles of wild type were cultured for 8 days in the way of 3-dimensional culture system. Statistical analysis by Student's t-test (\*:  $p < 0.05$  vs control to group)



**Figure 3. The growth of follicles from ERαKO in two different *in vitro* ovarian follicle culture system**

A) Follicles of wild type were cultured for 8 days in the way of 2-dimensional culture system. B) Follicles of wild type were cultured for 8 days in the way of 3-dimensional culture system. Statistical analysis by Student's t-test (\*:  $p < 0.05$  vs control to each group)

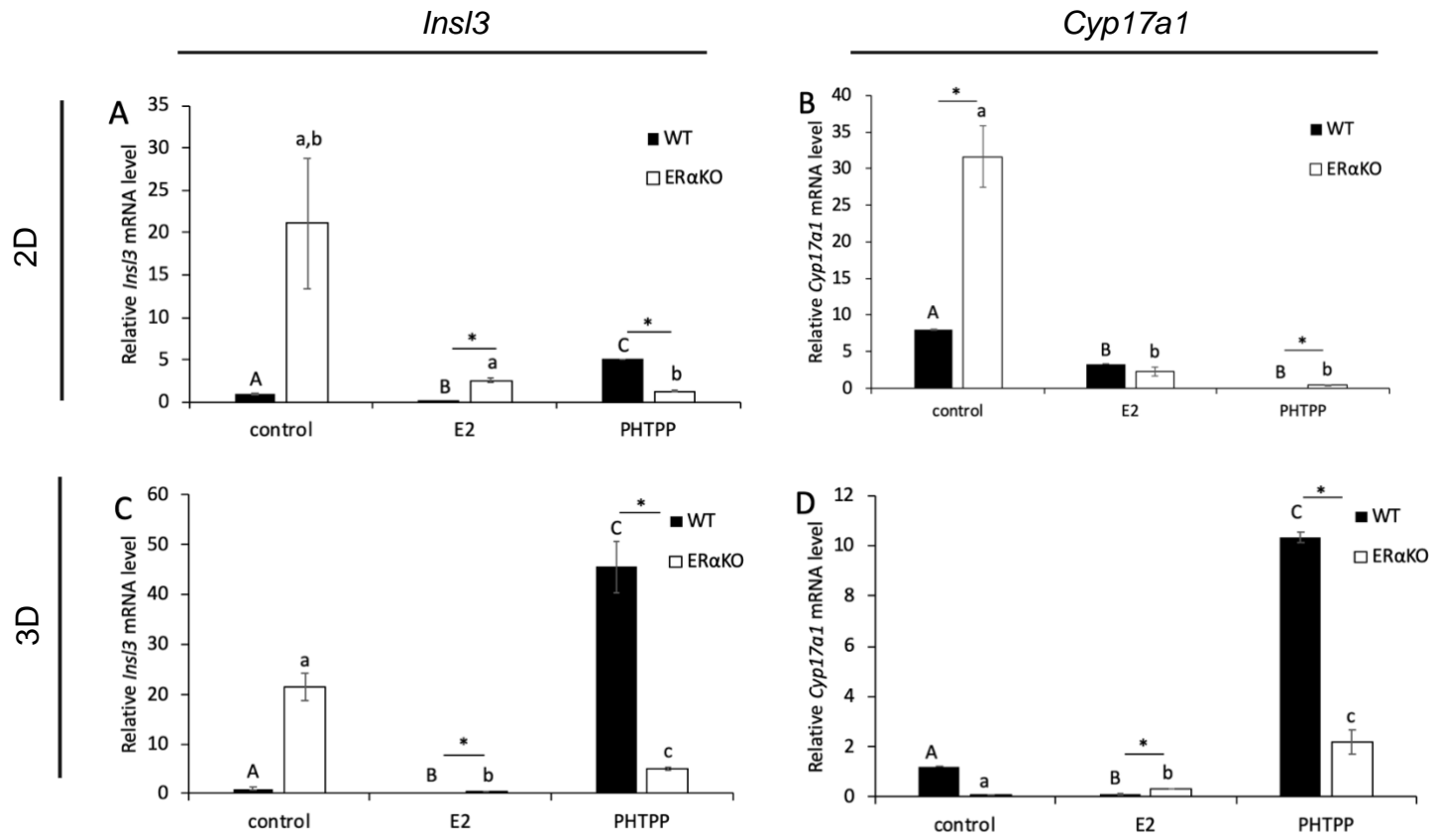
### **The effect of ER $\beta$ - specific antagonist (PHTPP) and ER $\alpha$ KO on expression of follicle cell specific gene**

To evaluate the expression of the follicle cell specific genes in the cultured follicles at day 9, real-time PCR was performed. There was not observed germinal vesicle breakdown (GVBD) in ICI 182,780 treated group, so only standard, E<sub>2</sub> treated and PHTPP treated group were compared except for ICI 182,780 treated group. The stage of oocytes in all group was unified with GVBD. Under 2D culture system, the expression of *Ins3* significantly decreased compared to control in E<sub>2</sub> treated group in both WT and ER $\alpha$ KO (Fig. 4A). However, the expression of *Ins3* significantly increased compared to control in PHTPP treated group in both WT and ER $\alpha$ KO (Fig. 4A). The expression of *Ins3* in ER $\alpha$ KO were up-regulated in E<sub>2</sub> treated group and down-regulated in PHTPP treated group compared to WT (Fig. 4A). In the case of cultured using 3D culture system, there was similar *Ins3* expression pattern like 2D culture system between the different cultured groups (Fig. 4C). The expression of *Cyp17a1* significantly decreased only in PHTPP treated group of ER $\alpha$ KO (Fig. 4B), but significantly decreased in both E<sub>2</sub> treated group and PHTPP-treated group in WT (Fig. 4B). The 3D culture system shows different *Cyp17a1* mRNA expression pattern compared to 2D culture system. The expression of *Cyp17a1* significantly decreased in E<sub>2</sub> treated group and significantly increased in PHTPP treated group in both WT and ER $\alpha$ KO (Fig. 4D).

In 2D culture system, the expression of *Fshr* was up-regulated in PHTPP treated group of WT, but down-regulated in E<sub>2</sub> treated group of WT. In ER $\alpha$ KO, the expression of *Fshr* significantly decreased in PHTPP treated group compared to control (Fig. 5A). Unlike 2D culture system, the expression of *Fshr* significantly increased in E<sub>2</sub> treated group of WT compared to control (Fig. 5C). In E<sub>2</sub> treated group, the expression of *Cyp19a1* significantly increased compared to control in both WT and ER $\alpha$ KO when follicles cultured in the way of 2D system (Fig. 5B). In PHTPP treated group, the expression of *Cyp19a1* was up-regulated in only WT (Fig. 5B). In 3D culture system, the expression of *Cyp19a1* was down-regulated in E<sub>2</sub> treated group of WT compared to control and up-regulated in PHTPP treated

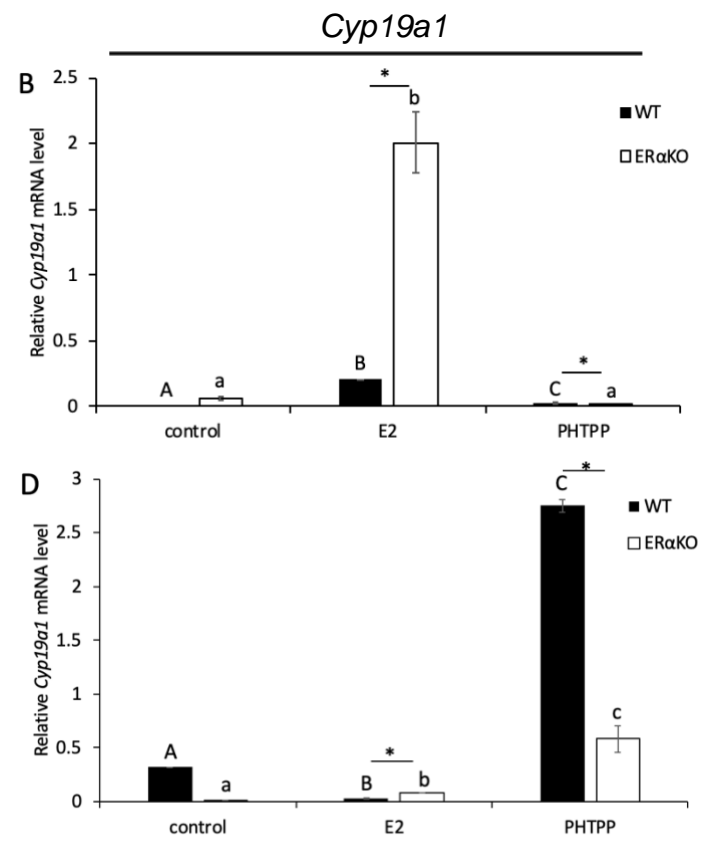
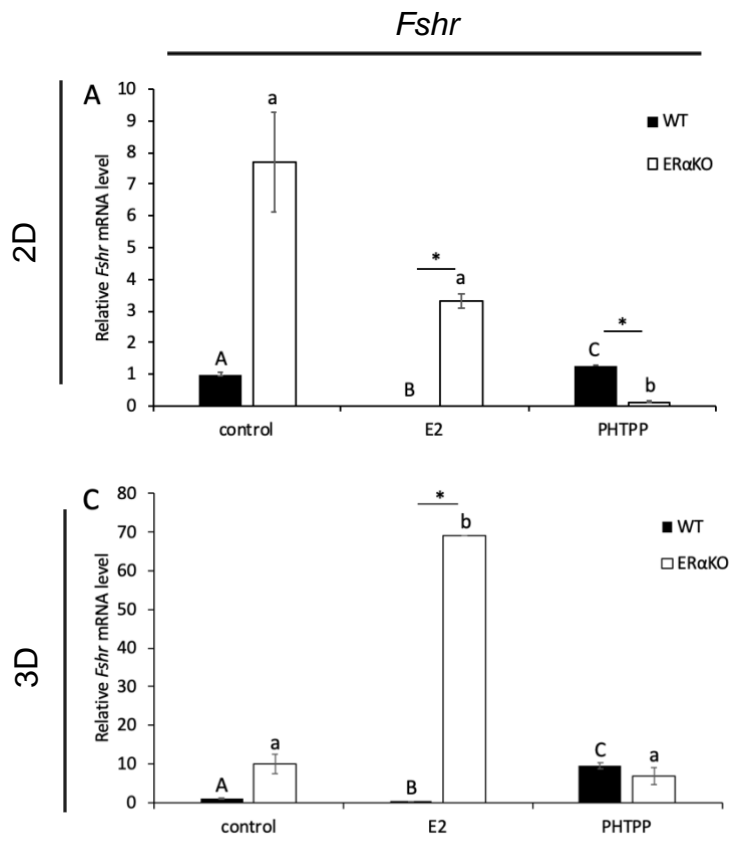
group of ER $\alpha$ KO compared to control unlike 2D culture system (Fig. 5D).

In 2D culture system, when the E<sub>2</sub> were treated in standard medium, the expression of *Ptx3* and *Ptgs2* significantly decreased compared to control in WT (Fig. 6AB). When the PHTPP were treated in standard medium, the expression of *Ptgs2* and *Tnfaip6* significantly decreased compared to control in WT (Fig.6BC). In ER $\alpha$ KO, the expression of *Ptx3* and *Tnfaip6* were down-regulated compared to control in both E<sub>2</sub> and PHTPP treated group (Fig. 6AC). In 3D culture system, the expression of *Ptx3* significantly increased and the expression of *Tnfaip6* significantly decreased in E<sub>2</sub> treated group of WT compared to control (Fig. 6DF). The expression of *Ptgs2* significantly decreased and the expression of *Tnfaip6* significantly increased in PHTPP treated group of WT compared to control (Fig. 6EF). In ER $\alpha$ KO, the expression of *Ptx3* was up-regulated and the expression of *Ptgs2* was down-regulated in E<sub>2</sub> treated group compared to control (Fig. 6DE), but the expression of *Ptgs2* was down regulated in PHTPP treated group compared to control (Fig. 6E).



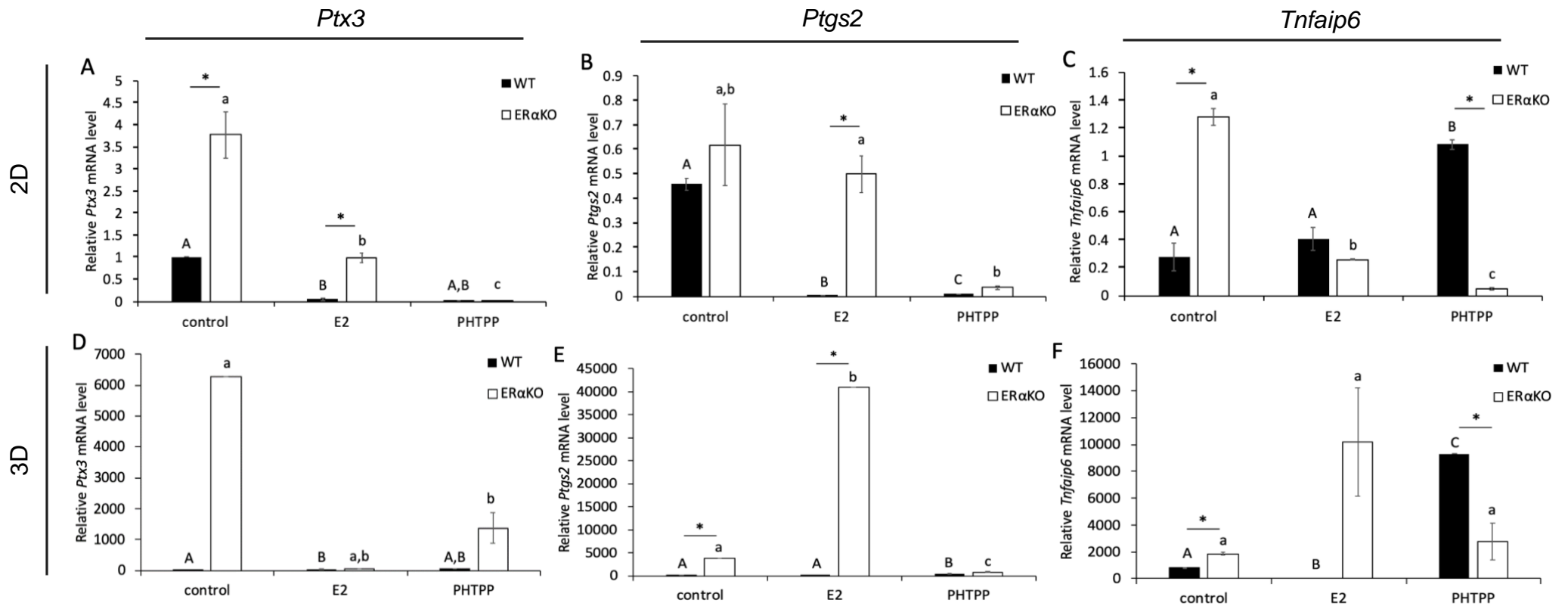
**Figure 4. Expression profile of theca cell specific mRNA level in cultured follicles at day 9.**

Relative *Ins13* and *Cyp17a1* mRNA expression level in the cultured follicles from wild type and ER $\alpha$ KO treated or not with E<sub>2</sub> or PHTPP for 8 days. A,B) Follicles were cultured in the way of 2-dimensional system. C,D) Follicles were cultured in the way of 3-dimensional system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.



**Figure 5. Expression profile of granulosa cell specific mRNA level in cultured follicles at day 9.**

Relative *Fshr* and *Cyp19a1* mRNA expression level in the cultured follicles from wild type and ER $\alpha$ KO treated or not with E<sub>2</sub> or PHTPP for 8 days. A,B) Follicles were cultured in the way of 2-dimensional system. C,D) Follicles were cultured in the way of 3-dimensional system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.



**Figure 6. Expression profile of cumulus expansion specific mRNA level in cultured follicles at day 9.**

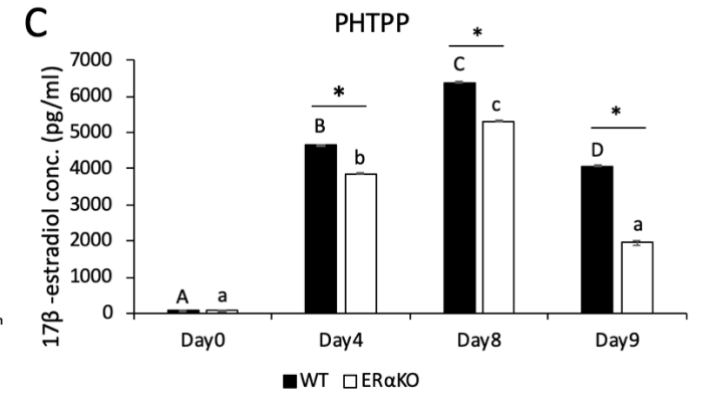
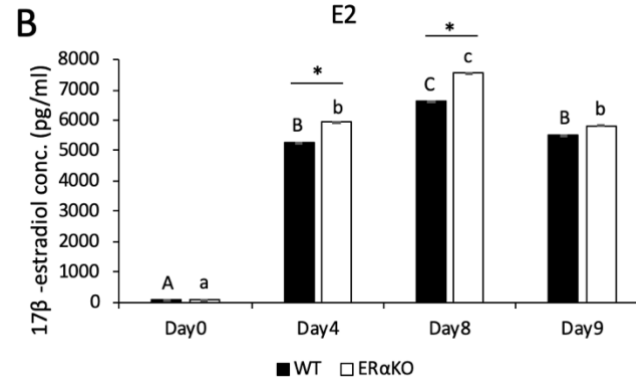
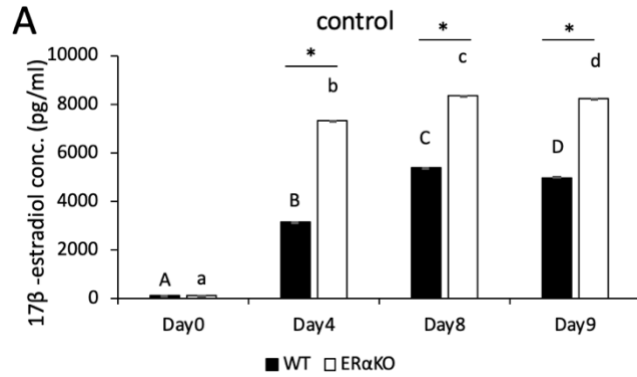
Relative *Ptx3*, *Ptgs2* and *Tnfaip6* mRNA expression level in the cultured follicles from wild type and ER $\alpha$ KO treated or not with E<sub>2</sub> or PHTPP for 8 days. A,B) Follicles were cultured in the way of 2-dimensional system. C,D) Follicles were cultured in the way of 3-dimensional system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.

### **The levels of 17 $\beta$ -estradiol and progesterone during *in vitro* culture**

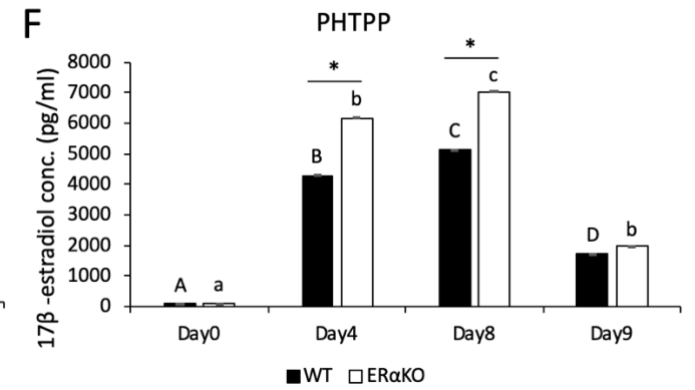
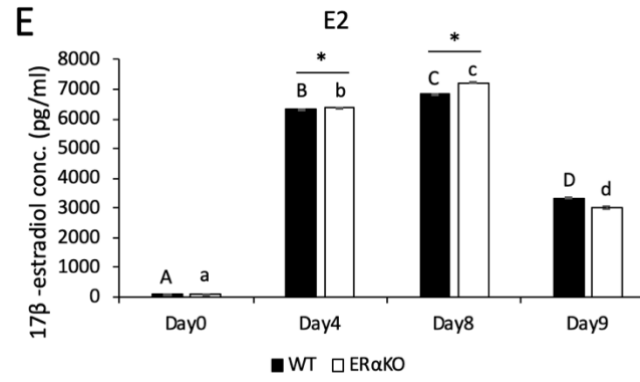
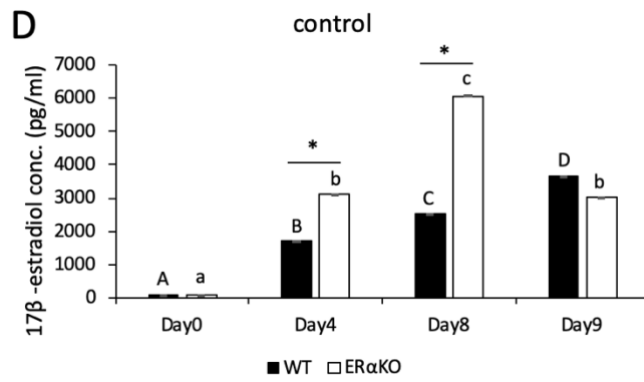
In 2D culture system, the concentrations of E<sub>2</sub> in control spent medium and E<sub>2</sub> treated spent medium were significantly higher in ER $\alpha$ KO compared to WT (not significant in E<sub>2</sub> treated group at days 9 of culture) (Fig.7 AB). However, the concentrations of E<sub>2</sub> in PHTPP treated spent medium were significantly higher in WT compared to ER $\alpha$ KO (Fig. 7C). In 3D system, the concentrations of E<sub>2</sub> in all group of ER $\alpha$ KO were significantly higher than WT at days 4 and 8 of culture (Fig. 7DEF). Fig 8 show the comparison of E<sub>2</sub> levels in all group of spent medium within WT or ER $\alpha$ KO. Under 2D culture system, E<sub>2</sub> levels were significantly higher in E<sub>2</sub> or PHTPP treated group compared to control in both WT and ER $\alpha$ KO (not significant in E<sub>2</sub> treated group of WT at days 9 of culture) (Fig. 8AB). In 3D culture system, the similar patterns observed in 2D culture system of WT (Fig. 8C). However, in ER $\alpha$ KO, E<sub>2</sub> levels in E<sub>2</sub> or PHTPP treated group were significantly higher than control medium at days 4, 8 and 9 of culture (Fig. 8D).

In 2D culture system, the concentrations of P<sub>4</sub> in control spent medium and E<sub>2</sub> treated spent medium were significantly higher in ER $\alpha$ KO compared to WT at days 8 of culture) (Fig.9 AB). In contrast, the concentrations of P<sub>4</sub> in PHTPP spent medium were significantly higher in WT than ER $\alpha$ KO at days 4,8 and 9 of culture (Fig. 9C). In 3D culture system, the concentrations of P<sub>4</sub> in all group of ER $\alpha$ KO were significantly higher than WT at days 4, 8 and 9 of culture (Fig. 9DEF). Fig 10 show the comparison of P<sub>4</sub> levels in all group of spent medium within WT or ER $\alpha$ KO. Under 2D culture system, P<sub>4</sub> levels were significantly higher in E<sub>2</sub> or PHTPP treated group compared to control in WT (not significant in PHTPP treated group at days 9 of culture) (Fig. 10A). In ER $\alpha$ KO, P<sub>4</sub> levels were significantly lower in E<sub>2</sub> or PHTPP treated group compared to control (Fig. 10B). In 3D culture system, the similar patterns observed in 2D culture system of WT (except for days 9 of culture in E<sub>2</sub> treated group) (Fig. 10C). In ER $\alpha$ KO, P<sub>4</sub> levels in E<sub>2</sub> or PHTPP treated group were significantly higher than control medium at days 4, 8 and 9 of culture (Fig. 10D).

2D

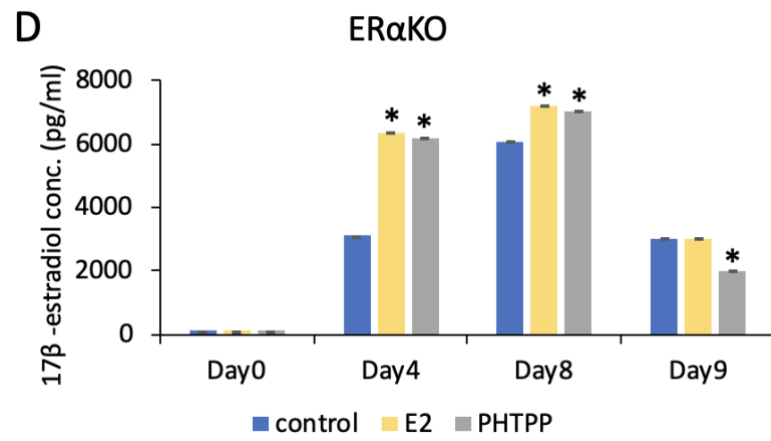
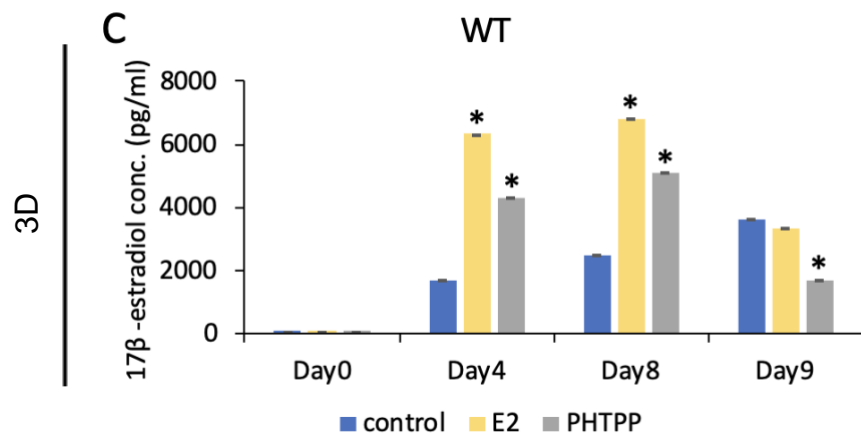
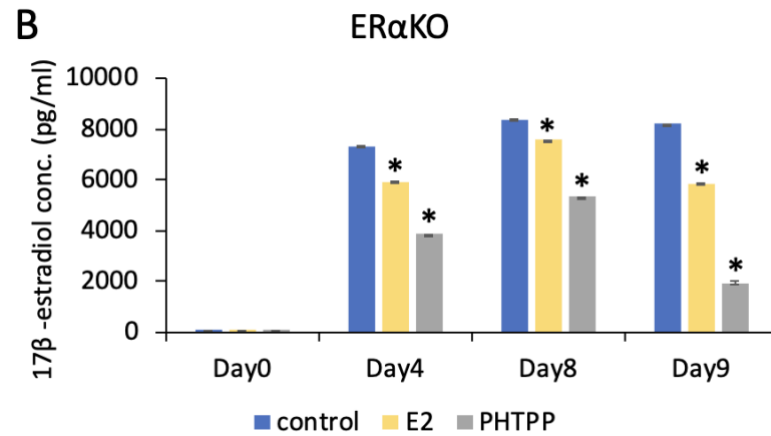
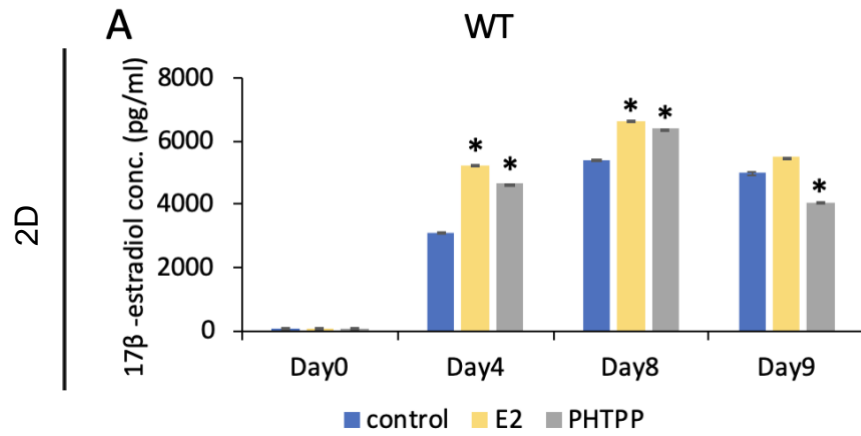


3D



**Figure 7. The comparison of production of 17 $\beta$ -estradiol during *in vitro* culture between WT and ER $\alpha$ KO**

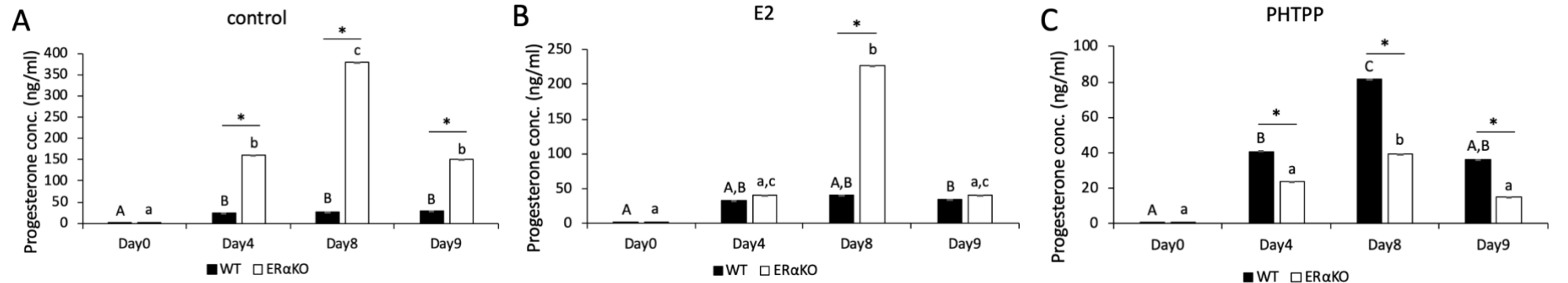
The 17 $\beta$ -estradiol concentrations in spent culture medium from wild type and ER $\alpha$ KO treated or not with E<sub>2</sub> or PHTPP. A,B) Follicles were cultured in the way of 2D culture system. C,D) Follicles were cultured in the way of 3D culture system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.



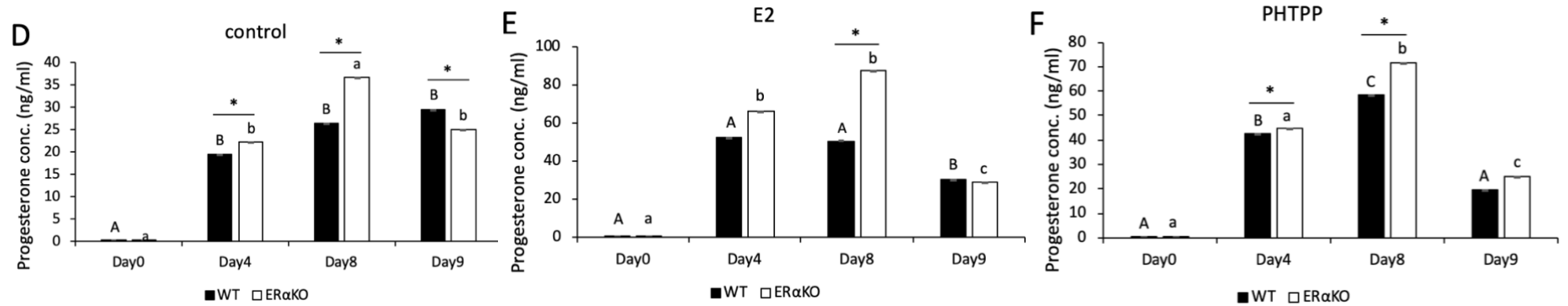
**Figure 8. The levels of 17 $\beta$ -estradiol during *in vitro* culture**

The 17 $\beta$ -estradiol concentrations in spent culture medium from wild type and ER $\alpha$ KO treated or not with E<sub>2</sub> or PHTPP. A,B) Follicles were cultured in the way of 2D culture system. C,D) Follicles were cultured in the way of 3D culture system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.

2D

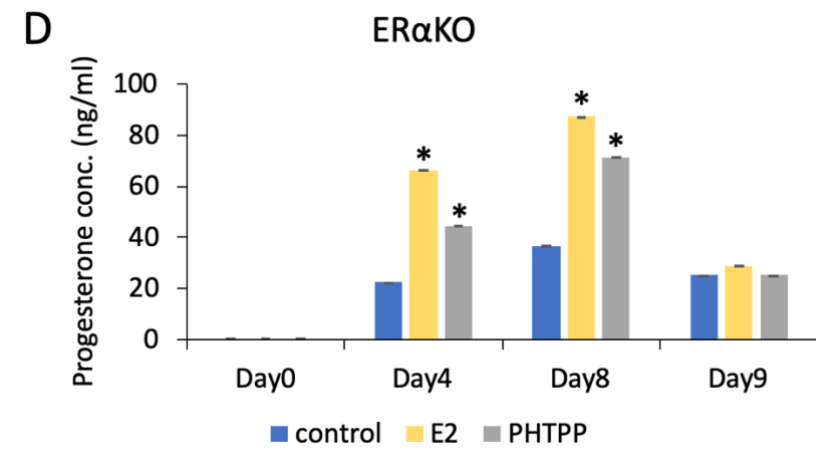
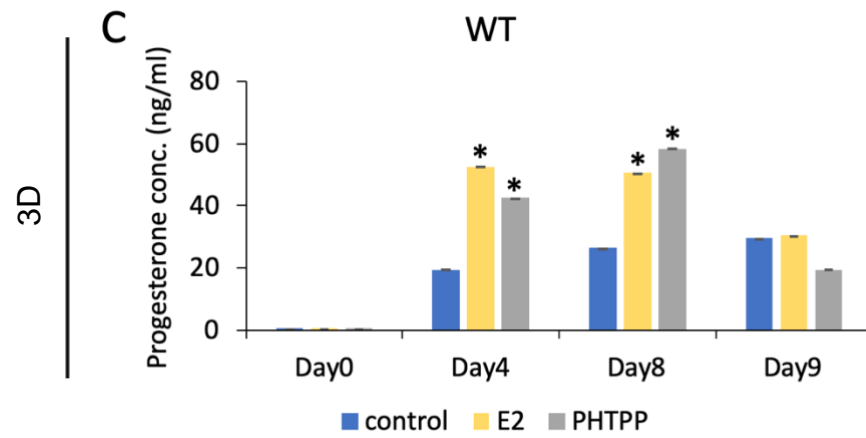
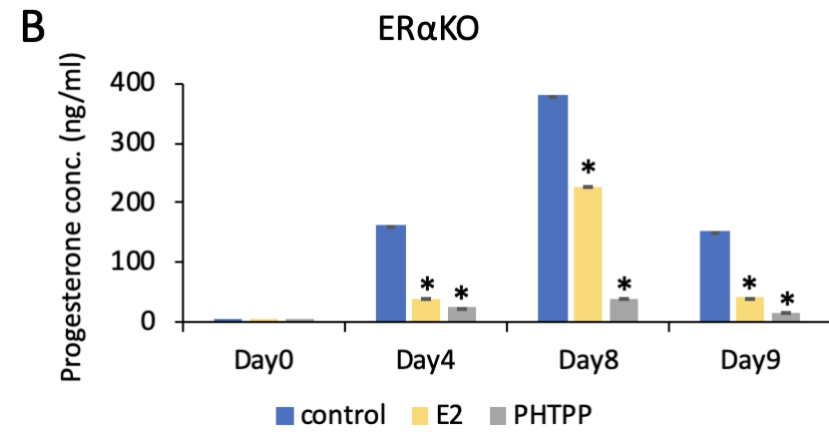
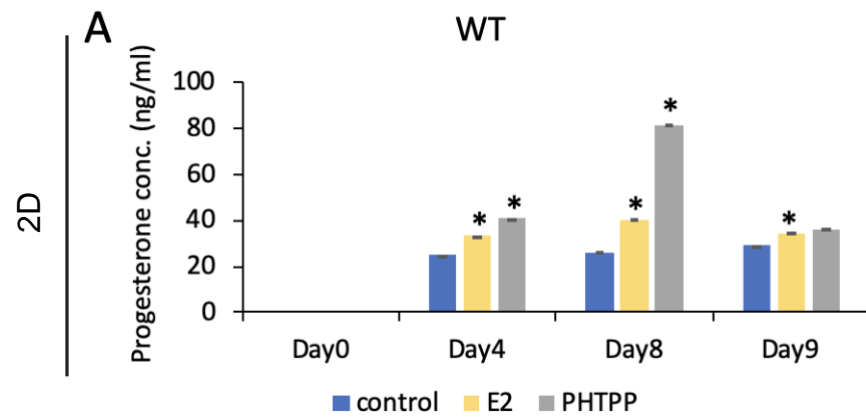


3D



**Figure 9. The comparison of production of progesterone during *in vitro* culture between WT and ER $\alpha$ KO**

The progesterone concentrations in spent culture medium from wild type and ER $\alpha$ KO mice treated or not with E<sub>2</sub> or PHTPP. A,B) Follicles were cultured in the way of 2D culture system. C,D) Follicles were cultured in the way of 3D culture system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.



**Figure 10. The levels of progesterone during *in vitro* culture**

The progesterone concentrations in spent culture medium from wild type and ER $\alpha$ KO mice treated or not with E<sub>2</sub> or PHTPP. A,B) Follicles were cultured in the way of 2D culture system. C,D) Follicles were cultured in the way of 3D culture system. Different capital letters represent differences in the different cultured group of wild type. Different lower cases represent differences in the different cultured group of ER $\alpha$ KO. Statistical analysis by Student's t-test (\*: p<0.05 WT vs ER $\alpha$ KO). Data are represented as the mean  $\pm$  SEM.

## Discussion

In this study, we investigated the effect of estrogen in folliculogenesis through ER $\alpha$  using two different in vitro ovarian follicle culture system. To observe the action of ER $\alpha$  in ovarian follicular growth we used ER $\alpha$ KO, ER $\beta$ -specific antagonist (PHTPP) and ERs antagonist (ICI 182,780). ER $\alpha$  is known to be localized in theca/interstitial cell in rodents (Sar M et al., 1999). Therefore, in this study demonstrates estrogen directly influence on folliculogenesis through ER $\alpha$  in theca cell.

When the 10<sup>-8</sup> M 17 $\beta$  – estradiol was treated standard medium, the diameters of follicles from WT significantly increased at days 4, 6 and 8 of culture compared to control using 2D culture system (Fig. 2A). However, in the group of 10<sup>-5</sup> M PHTPP treated standard medium, the diameters of follicles significantly decreased at day 8 (Fig. 2A). In the way of 3D culture system, the diameters of ovarian follicles cultured in 10<sup>-5</sup> M ICI 182,780 treated standard medium significantly decreased at days 2, 4, 6 and 8 of culture (Fig. 2B). This shows estrogen might be influence on the growth of ovarian follicles through ER $\alpha$  and ER  $\beta$ . There was no significantly difference in all cultured group of ER $\alpha$ KO under both 2D culture system and 3D culture system (Fig. 3A,B).

Insulin-like 3 (Insl3) and Cytochrome P450 Family 17 Subfamily A Member 1 (Cyp17a1) are used for theca cell specific markers. Insl3 and its receptor (Relaxin family peptide 2, RXFP2) is expressed in theca cells and impacts on the functions of theca cell including modulation of LH-mediated androgen synthesis (Richard JS., 2018). Cyp17a1 involving the conversion of pregnenolone to androstenedione also expressed in theca cells (Fuentes N., 2019). The expression of *Insl3* mRNA significantly increased in E<sub>2</sub> treated group of ER $\alpha$ KO but significantly decreased in

PHTPP treated group of ER $\alpha$ KO in both two culture systems.

Follicle-stimulating hormone receptor (*Fshr*) and Cytochrome P450 Family 19 Subfamily A Member 1 (*Cyp19a1*) are used for mural granulosa cell specific markers. *Cyp19a1* involving the conversion of androstenedione to estrone expressed in granulosa cells (Fuentes N., 2019). In both culture systems, the expression of *Fshr* and *Cyp19a1* significantly increased in E<sub>2</sub> treated group of ER $\alpha$ KO but significantly decreased in PHTPP treated group of ER $\alpha$ KO. In WT, the expression of *Cyp19a1* was only up-regulated in E<sub>2</sub> treated group. These results show estrogen might effect on the differentiation of granulosa cell through ER $\beta$ .

Pentraxin 3 (*Ptx3*), Prostaglandin-endoperoxide synthase 2 (*Ptgs2*), and TNF alpha induced protein 6 (*Tnfaip6*) are used for cumulus expansion specific markers. *Ptx3* and *Tnfaip6* involved in stabilization of the cumulus complex (Fulop et al. 2003). *Ptgs2* produced by cumulus cells is required for maximum cumulus expansion and ovulation (Lim et al., 1997). Expression of *Ptx3*, *Ptgs2*, and *Tnfaip6* in both ER $\alpha$ KO and WT, showed different results according to the two culture systems. ER $\alpha$ KO also showed differences in the levels of steroid hormone between the two culture systems. The concentrations of E<sub>2</sub> and P<sub>4</sub> in both cultures increased in E<sub>2</sub> and PHTPP treated group of WT. On the other hand, ER $\alpha$ KO mice showed decreased levels of E<sub>2</sub> and P<sub>4</sub> in 2D culture system, but increased in 3D culture system.

Based on these results, it is suggested that estrogens might effect on the growth of follicles, differentiation of granulosa and theca cells, cumulus expansion and production of steroid hormones. In addition, the two-dimensional and three-dimensional cultures may have different effects on the progress of the folliculogenesis.

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## 논 문 개 요

에스트로겐은 여성의 생식 기관의 성장, 분화 그리고 기능에 중요한 역할을 하는 것으로 알려져 있다. 배란에 이르기까지 난포가 성장하는 과정에 있어서 에스트로겐은 자가 분비 또는 주변 분비를 통해 영향을 미친다. 성장하는 난포의 과립막세포에서 에스트로겐은 성샘자극호르몬의 작용, 난포 강 형성, 과립막세포 간 간극 연결 형성을 촉진하며 난포의 폐쇄를 억제한다. 성장하는 난포막세포에서 에스트로겐은 안드로겐의 합성을 조절한다. 스테로이드가 난포의 성장에 미치는 영향에 관한 연구는 활발하게 이루어졌음에도 불구하고 에스트로겐이 난포의 성장에 미치는 영향에 대해 모순된 결과를 보인다. 에스트로겐은 핵 수용체인 에스트로겐 수용체 알파와 베타를 통해 작용한다. 에스트로겐 수용체를 매개한 에스트로겐의 작용의 중요성은 에스트로겐 수용체 유전자 적중 생쥐를 이용하여 많은 연구가 이루어지고 있다. 이 연구에서는 난포의 체외 배양을 통해 에스트로겐 수용체 알파 유전자 적중 생쥐를 이용하여 난포막 세포를 통한 에스트로겐의 작용이 난포의 성장, 난자의 성숙에 미치는 영향을 알아보려고 하였다. 야생형의 생쥐에서는 이차원적인 배양 방식에서 에스트로겐 처리시 난포의 직경이 증가하였고, PHTPP 처리시 배양 8 일 쯤 유의하게 감소하였다. 야생형의 생쥐의 삼차원적인 배양 방식에서는 ICI 182,780 처리시 전체 배양 기간 동안 감소하는 경향을 보였다. 에스트로겐 수용체 알파 유전자 적중 생쥐에서는 두 배양 방식에서 모두 그룹 간의 유의한 난포 크기 변화를 나타내지 않았다. 두 배양 방식에서 모두 난포막 세포 특이적인 유전자인 *Insl3* 의 발현이 에스트로겐 수용체 알파 유전자 적중 생쥐에서 PHTPP 처리시 mRNA 수준에서 감소하는 경향을 보인 반면, 야생형의 생쥐에서는 증가하는 양상을 보였다. 두 배양 방식에서 모두 에스트로겐 처리시 과립막 세포 특이적인 유전자인 *Fshr* 와 *Cyp19a1* 은 에스트로겐 수용체 알파 유전자 적중 생쥐에서

유의한 증가를 보였고, 야생형의 생쥐에서는 Cyp19a1 만 증가하는 양상을 보였다. 그러나, PHTPP 처리 시 에스트로겐 수용체 알파 유전자 적중 생쥐에서 Fshr 는 감소였다. 에스트로겐 수용체 알파 유전자 적중 생쥐와 야생형의 생쥐에서 모두 난구 세포의 분산 특이적인 유전자인 Ptx3, Ptgs2 그리고 Tnfaip6 의 발현 양상은 두 배양 방식에 따라 서로 다른 결과를 보였다. 에스트로겐 수용체 알파 유전자 적중 생쥐의 경우 스테로이드 호르몬 생산 수준에서도 두 배양 방식에 따라 차이를 보였다. 야생형의 생쥐는 두 배양 방식에서 모두 에스트로겐과 프로게스테론의 농도가 에스트로겐과 PHTPP 처리 시 증가하였다. 반면, 에스트로겐 수용체 알파 유전자 적중 생쥐에서는 이차원적인 배양 방식에서는 에스트로겐과 프로게스테론의 농도가 에스트로겐과 PHTPP 처리 시 감소하였지만, 삼차원적인 배양 방식에서는 증가하는 양상을 보였다. 이러한 결과를 통해 에스트로겐이 난포의 크기, 과립막세포와 난포막세포의 분화, 난구세포의 분산, 스테로이드 호르몬의 생산에 영향을 미칠 수 있음을 알 수 있었다. 또한 이는 난포의 성장 과정에서 에스트로겐 수용체의 국소 작용에 대한 통찰력을 제공할 수 있다.

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